

# Shabih Manzar, MD

### Placenta

" apposition or fusion of fetal membranes with the uterine mucosa for the purpose of materno-fetal exchange of nutrients, gases and waste substances"



# Kidney + Lungs + Intestine = Placenta

### A bridge between mother and fetus



# Structure (Anatomy)

Functions (Physiology)

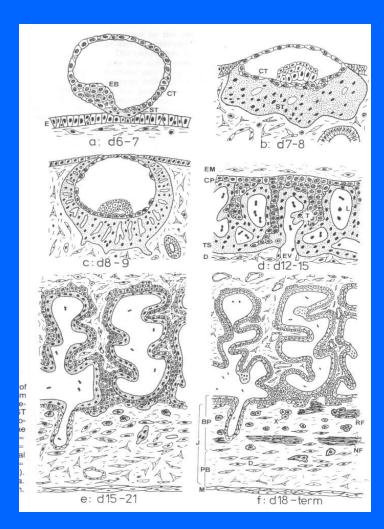


Pregnancy Weeks	11-14	23-26	35-38
Placental Diameter	7 cm	15 cm	22 cm
Placental Weight	65 gm	250 gm	470 gm*
Placental Thickness	1.2 cm	2 cm	2.5 cm
Length of cord	18 cm	40 cm	52 cm**

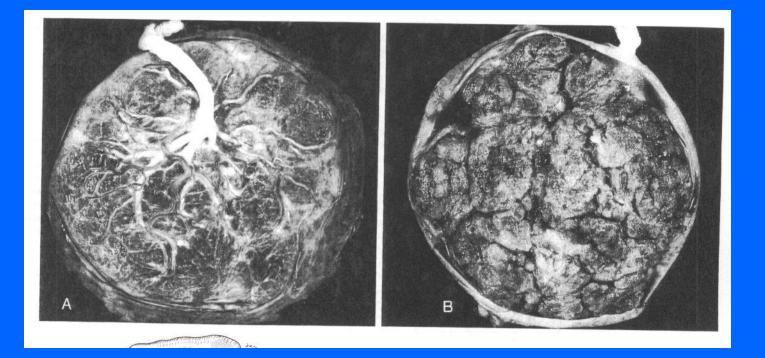
\* 1/6th Birth weight, \*\* ~ Birth length



### Stages of placental development



Shape of Placenta (pancake) Maternal/ Fetal sides (A & B)

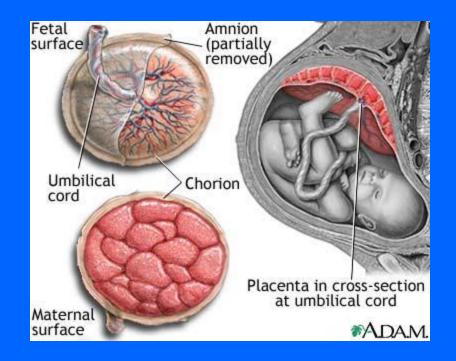


### Shape of Placenta (Maternal/ Fetal sides)



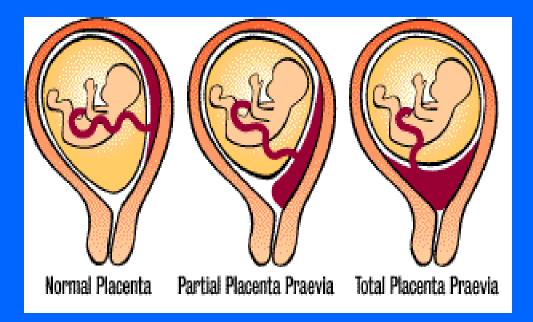


### Feto-maternal UNIT (Cotyledon/Placentone 15-20)





Types of placenta (anatomical)

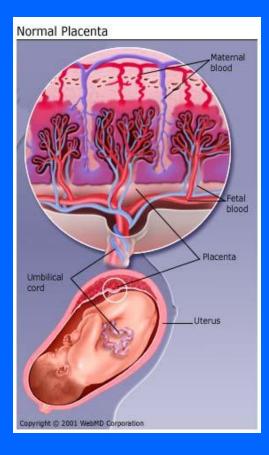


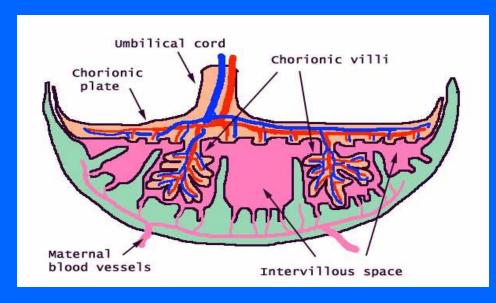


### Types of placenta (Functional)

Epitheliochorial	Endotheliochoria	al Hernochorial
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cow, pig horse	dog, cat	human, rodents

#### Placental circulation ~ 1 L/min (1/5<sup>th</sup> of Cardiac output)





### ✓ Structure

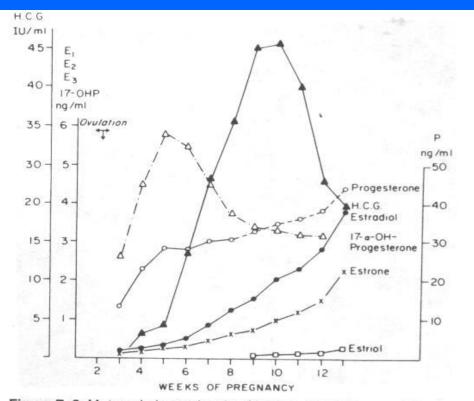
### Functions:

- Gas exchange (Lungs)
- Nutrient supply (Intestine)
- Excretion (Kidney)
- Hormones (Endocrine)
- Barrier (Skin)



**Placental Hormones** 

- Steroids
  - Progestrone
  - Estrogen
- Proteins
  - $\beta$  HCG
  - Placental lactogens
  - Relaxin



**Figure 7–3.** Maternal plasma levels of human chorionic gonadotropin (hCG) and steroids during human pregnancy. (From Tulchinsky D, Hobel CJ: Plasma human chorionic gonadotropin, estrone, estradiol, estriol, progesterone and  $17\alpha$ -hydroxyprogesterone in human pregnancy. III. Early normal pregnancy. Am J Obstet Gynecol *117*:884, 1973.)



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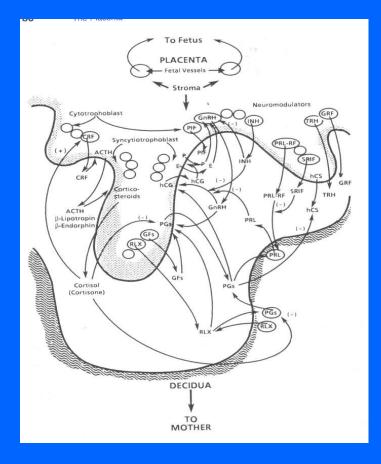
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Regulation of hormones



Mechanism of transfer across placenta

- Diffusion (diffusion coefficient) Lipophilic
  - Glucose
- Hydrophilic permeability (use porous route ) Lipophobic
  - Inorganic Ions, Na
- Carrier mediated
  - Energy independent (passive) with the gradient D glucose
  - Energy dependent (active) against the gradient Amino acid, Ca ++
- Flow limited Oxygen
- Endocytosis IgG



Mechanism of transfer of DRUGS across placenta

Rate of diffusion = D x  $\Delta c$  x A d

D = Diffusion constant

- $\Delta c = Concentration gradient$
- A = Area of exchange
- d = Membrane thickness (inversely proportional)



Factors affecting transfer of DRUGS across placenta

Lipid solubility

Ionization (non-ionzed-lipophilic- readily cross the placenta)

**Protein binding** 

Molecular weight

D<sub>trans</sub> α <u>Lipid solubility</u> \_\_\_\_\_ Ionization x Protein binding x M wt



### Cross through the placenta

#### DOES

Glucose Warfarin IgG Bilirubin (unconjugated) Amino acid DOES NOT

Insulin Heparin IgM Hormones e.g. (Glucagon, TSH, ACTH)

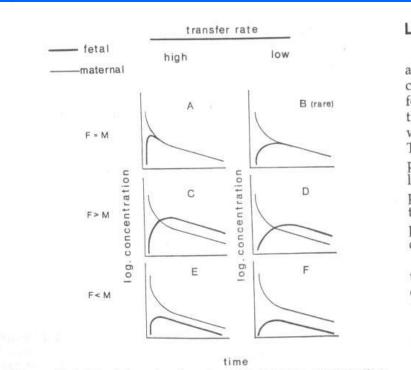


Active transport through the placenta

Amino acid Vitamin B<sub>12</sub> (polar) Iron Calcium Dexamethasone Water soluble vitamins



### Pharmacokinetic concentration time curve



**Figure 13–1.** Simulation of maternal and fetal plasma concentration time curves from various transplacental pharmacokinetic models. Examples are listed in Table 13–2.

Pharmacokinetic concentration time curve Model A/B: Thiopental, Digoxin, MgSO<sub>4</sub> Model C : Valproate, Diazepam, Ampicillin, Penicillin Model D: Gentamycin, Cephalosporins Model E: Propranolol, Methadone, Dexamethasone Model F: Pancuronium, Succinylcholine



### Summary

Definition

Structure, development, circulation

Functions (multi-organ)

Transport across placenta (DRUGS)



Question:

Regarding placental transport all the statements are correct EXCEPT

A. Molecular weight > 1000 limits transport
B. Lipid solubility enhance diffusion
C. Ionized drug diffuses rapidly
D. High protein binding decreases transport
E. Decreased blood flow limits transport



**References:** 

Polin & Fox, Fetal & Neonatal physiology

Fanaroff & Martin

Unadkat et al. Placental drug transporters. Curr Drug Metab 2004;5:125-131

William Obstetrics

Internet: http://www.google.com/placenta

